
**REVIEW ON FORMULATION AND EVALUATION OFFLUOXETINE
CAPSULE**

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ABSTRACT

This review article focuses on the anxiolytic medication fluoxetine capsule formulation and evaluation parameters. Anxiety is a normal emotional response to stress but it requires medication and proper treatment when the anxiety becomes excessive by interfering with daily life. This article focuses on anxiety and anxiolytics and briefly discuss the formulation and evaluation parameters of Fluoxetine capsule. Fluoxetine is an anxiolytic under selective reuptake serotonin inhibitors which work by increasing serotonin level in the brain. Manufacturing of hard gelatin capsule and Capsule filling methods are described. Evaluation parameters such as physical evaluation test, weight variation test, content uniformity, dissolution test, disintegration test are thoroughly explained.

KEYWORDS: Fluoxetine capsule, evaluation, anxiolytic.

ANXIETY

Anxiety is a normal emotional response to stress, characterized by feelings of fear, apprehension, and nervousness. However, when excessive and persistent, it becomes pathological and may lead to anxiety disorders.

SYMPTOMS

- Palpitations
- Sweating
- Trembling or shaking
- Sensation of shortness of breath

- Feeling of choking
- Chest pain or discomfort

ANXIOLYTICS

Anxiolytics are medications used to reduce anxiety symptoms, such as fear, dread, uneasiness, and muscle tension, by modulating neurotransmitters like GABA or serotonin in the nervous system.

FLUOXETINE

Commonly known as **Prozac**, which is used to treat depression and various types of anxiety.

MECHANISM OF ACTION

Fluoxetine effectively blocks the reuptake of serotonin into the presynaptic neuron. This inhibition leads to an increased concentration of serotonin in the synaptic cleft. This leads to elevated levels of serotonin in the brain. Thus improves mood and reduce the symptoms of anxiety.

FORMULATION OF FLUOXETINE CAPSULE

Formulation is the process by which different chemical substances, including the active pharmaceutical ingredient (API) and excipients, are combined to produce a final medicinal product suitable for patient use.

COMPOSITION

TABLE NO: 1 COMPOSITION OF FLUOXETINE CAPSULE.

| S. No. | Ingredients | Category | Typical Quantity | Function |
|--------|---------------------------|-------------------|----------------------|-------------------------------------|
| 1 | Fluoxetine HCl | Active ingredient | 22.4mg (≡ 20mg base) | Antidepressant (SSRI action) |
| 2 | Lactose/MCC | Diluent (Filler) | q.s. to fill capsule | Adds bulk for proper filling |
| 3 | Sodium starch glycolate | Disintegrant | 2–5% of total weight | Promotes capsule disintegration |
| 4 | Colloidal silicon dioxide | Glidant | 0.2–0.5% | Improves powder flow |
| 5 | Magnesium stearate | Lubricant | 0.5–1% | Prevents sticking during processing |

MANUFACTURING OF FLUOXETINE CAPSULE

1. Manufacturing of hard gelatin capsule shell:

- Dipping
- Spinning

- Drying
- Stripping
- Trimming and joining
- Polishing

DIPPING

Pairs of the stainless-steel pins are dipped into the dipping solution to simultaneously form the caps and bodies.

The dipping solution is maintained at a temperature about 50°C in a heated, jacketed dipping pan.

SPINNING

The pins are rotated to distribute gelatin over the pins uniformly and to avoid the formation of a bead at the capsule ends.

DRYING

The gelatin is dried by a blast of cool air to form a hard shell.

The pins are removed through a series of drying stages to remove water.

STRIPPING

After the gelatin is dried, the caps and bodies are stripped off from the pins.

TRIMMING AND JOINING

The stripped caps and bodies are trimmed to the required length by stationary knives.

After trimming to the right length, the caps and bodies are joined and ejected from the machines.

POLISHING

Pan polishing: A celo-cotapani is used to dust and polish. Cloth dusting: capsules are rubbed with cloth.

Brushing: capsules are fed under a soft rotating brush.

2. Capsule filling method

- a) Manual capsule filling method
- b) Semi-automatic capsule filling method
- c) Fully-automatic capsule filling method

MANUAL CAPSULE FILLING METHOD

Manual capsule filling is the most basic method and is often used for small-scale production or when creating custom formulations.

PROCEDURE

1. Separate the capsules into body and cap sections.
2. Place the capsule bodies into a holding tray with holes sized to fit the capsules.
3. Fill each capsule body with the powder or content using a small scoop or spatula.
4. Tamp down the powder to ensure consistent filling.
5. Place the cap back onto the filled bodies and press to seal.

SEMI-AUTOMATIC CAPSULE FILLING METHOD

Semi-automatic capsule filling machine, capsule separation, powder filling and capsule closing operations to achieve mechanical automatic completion, only manual operation in each process step, greatly improve the output and save labor costs.

PROCEDURE

1. Load empty capsules into the machine's tray.
2. The machine separates the capsule bodies and caps.
3. Fill the powder hopper with your product.
4. The machine dispenses the powder to each capsule in a set amount.
5. Optionally, you can add a tamping step to compress the powder.
6. The machine reattaches the cap to the filled bodies.
7. Finished capsules are ejected from the machine.

FULLY-AUTOMATIC CAPSULE FILLING METHOD

Automatic capsule machine output of up to 468000 pcs/h, suitable for mass production, with vacuum powder feeder and hollow capsule feeder can achieve no manual intervention production.

PROCEDURE

1. Empty capsules are loaded into a hopper.
2. The machine orients and separates the capsules.
3. Capsule bodies are positioned in the filling area.
4. The powder or content is precisely dosed into each capsule body.

5. Capsules are optionally tamped to ensure consistent density.
6. Synchronize the capsule cap to the filled valve body.
7. Complete the lock combination of capsule cover and shell to automatically pop out and collect.
8. Quality control, quality prosecution of weight, appearance and metal detection.

EVALUATION OF FLUOXETINE CAPSULE

• PHYSICAL EVALUATION

This involves checking the appearance and size of the capsules to ensure uniformity.

Color and appearance: The capsules should be consistent in color and appearance.

Any discrepancies might indicate contamination or issues during manufacturing.

Shape and size: Capsules should have a consistent shape and size to ensure accurate dosing.

• WEIGHT VARIATION TEST

This test checks the uniformity of the capsule content.

A sample of fluoxetine capsules is weighed, and the average weight is calculated. The weight of individual capsules is then compared with the average weight. Any significant deviation could suggest issues with the filling process.

Acceptable limit: Variations in weight should not exceed a certain percentage (typically \pm 10% for capsules).

• CONTENT UNIFORMITY

To perform the test, randomly selected 10 fluoxetine capsules from the batch to ensure a representative sample. Each capsule is carefully opened, and the contents are removed and weighed accurately. The content of the active ingredient in each capsule is determined using appropriate analytical method, such as High-Performance Liquid Chromatography (HPLC) or UV Visible spectroscopy. The average content and the relative standard deviation (RSD) of the active ingredient across the 10 capsules are calculated to assess uniformity. The preparation complies with the test if: the content of the active ingredient in each capsule is between 85% and 115% of the label claim, no more than one capsule has a content outside the range of 85% to 115%, no capsule has a content outside the range of 75% to 125%.

If more than one capsule falls outside the 85% to 115% but within 75% to 125%, an additional 20

capsules are analyzed. The preparation complies if, in the total of 30 capsules, no more than one

capsule falls outside the 85% to 115% range, and none fall outside the 75% to 125% range.

- **DISSOLUTION TESTING**

Dissolution refers to the process by which the capsule releases its active ingredient into the gastrointestinal tract. The capsule is placed in the basket, which is then submerged in the 0.1 N HCL. The basket rotates at the specified speed, allowing the capsule to dissolve over time. At predetermined intervals, samples of the dissolution medium are withdrawn and analyzed to determine the amount of API released. This is performed to evaluate how a drug dissolves and becomes available for absorption. Pharmacopoeial standards specify the percentage of drug that should be released within a certain time (e.g. 80% within 30 minutes). If the dissolution rate is too slow or inconsistent, it can lead to poor bioavailability.

- **DISINTEGRATION TEST**

Six capsules are placed in the basket tubes, and the apparatus is operated under the specified conditions. The capsules are observed at the end of prescribed time limit (usually 30 minutes).

Disintegration is considered complete when the capsule shell is no longer visible, and only fragments of the shell remain. If 1 or 2 capsules fail to disintegrate completely, the test is repeated on an additional 12 capsules, and the requirement is met if not fewer than 16 of the total 18 capsules disintegrate completely.

PACKAGING OF ALPRAZOLAM TABLET

Packaging means a collection of different packaging materials which encase the pharmaceutical product from the time of manufacturing to the end of the user.

TYPES OF PACKAGING



BLISTER PACKING



HDPE PACKING

FIG.NO1: TYPES OF PACKAGING OF FLUOXETINE CAPSULE.

LABELLING

Label is any written, printed, or visual material that is displayed on the immediate container of an article, or that is attached to a consumer good or that is attached to or visible on a package that contains a consumer good.

FLUOXETINE CAPSULE LABEL

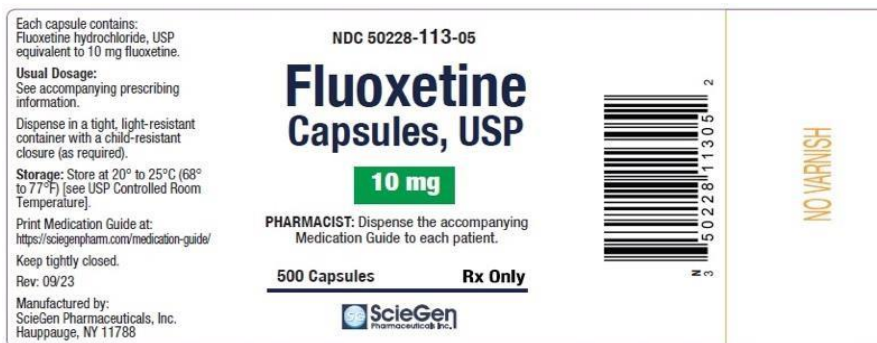


FIG.NO2: LABEL OF FLUOXETINE CAPSULE.

INFORMATIONSON LABEL

- Drugname:Fluoxetinecapsule
- Drugstrength:10 mg
- Dosageform:Capsule
- Batchnumber
- Manufacturingdate
- Expirydate
- Route ofadministration
- Prescriptionstatus:RX only
- Manufacturernameandaddress
- Storagecondition: Storeat20°Cto25°C

STORAGE OF FLUOXETINE CAPSULE

Fluoxetine capsules should be stored at room temperature between 20°C and 25°C (68°F to 77°F). Keep them in their original packaging, tightly closed, in a cool, dry place away from light, moisture, and heat (avoid storing in the bathroom).

CONCLUSION

This review highlights the formulation and evaluation of Fluoxetine capsule, emphasizing their role in ensuring safe, effective, and stable dosage forms. Fluoxetine is a widely using

anxiolytic for the management of different type of anxiety disorder. Formulation of Fluoxetine capsule requires proper excipient and method selection for effective stable product. Evaluation parameters help in ensuring development of stable and effective dosage form.

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