
**THE IMPACT OF WESTERN EDUCATION AND WORK
EXPERIENCE ON GHANAIAN WORK ETHIC: ASSESSING
TRANSPLANTED VALUES**

***Jemima N. A. A. Lomotey**

University of Phoenix, Arizona.

Article Received: 03 March 2026, Article Revised: 21 March 2026, Published on: 11 April 2026

***Corresponding Author: Jemima N. A. A. Lomotey**

University of Phoenix, Arizona.

DOI: <https://doi-doi.org/101555/ijarp.8458>**ABSTRACT**

The globalization of higher education and professional mobility has led to significant cultural exchange between Western nations and African societies, yet the specific impact of Western education and work experience on Ghanaian work ethic remains largely unexamined in empirical literature. This qualitative comparative study investigates how exposure to Western labor markets and educational systems transforms, modifies, or reinforces Ghanaian work values, behaviors, and expectations. Using a qualitative comparative design grounded in an interpretive philosophical approach, the study draws on Acculturation Theory (Berry, 1997) and Social Learning Theory (Bandura, 1977). Semi-structured interviews were conducted with 40 Ghanaian participants divided into two equal groups: 20 Ghanaians who had lived, studied, or worked in the United Kingdom, Europe, or the Americas for a minimum of two years and subsequently returned to Ghana, and 20 Ghanaians with no international work or study experience outside West Africa. All participants were currently employed in professional, technical, or managerial roles across Accra and Kumasi. Thematic analysis following Braun and Clarke (2006) revealed six major themes: (1) punctuality as a transplanted virtue versus fluid temporal norms, (2) direct communication and hierarchical flattening in workplace relations, (3) task orientation and accountability replacing relationship-based progression, (4) work-life boundary negotiation between Western separation and Ghanaian integration, (5) frustration with systemic inefficiency as a dissonance trigger, and (6) selective value integration and the emergence of hybrid work ethic. Direct quotations from participants illuminate the lived reality of cultural value transfer

in the Ghanaian workplace. The findings inform human resource management, organizational development, and cross-cultural training for Ghanaian and multinational employers.

KEYWORDS: *Work ethic, Ghana, Western education, cultural values, acculturation, comparative study, workplace culture.*

1. INTRODUCTION

The concept of work ethic is never culturally neutral. Every society develops, over generations, a distinctive set of beliefs, values, and behavioral expectations surrounding the meaning of work, the obligations of workers, the proper relationship between effort and reward, and the moral significance of labor itself. These cultural scripts are not static. They evolve through contact with other cultures, through economic transformation, and through the migration of people and ideas across borders. For Ghana, a nation with deep indigenous traditions of communal labor, entrepreneurial resilience, and hierarchical respect, the contemporary work ethic is increasingly shaped by exposure to Western educational systems and labor markets. Yet the precise nature of this influence remains poorly understood.

In recent decades, tens of thousands of Ghanaians have pursued higher education or professional careers in the United Kingdom, the United States, Canada, Germany, and other Western nations. Many have returned home, bringing with them not only academic credentials and professional networks but also internalized values about how work should be organized, how time should be managed, how authority should be exercised, and how individual effort should be recognized. These transplanted values do not simply replace existing Ghanaian work norms. They interact, collide, negotiate, and sometimes hybridize. The result is a complex landscape of work ethics that varies across individuals, organizations, and sectors.

Understanding this landscape matters for several reasons. First, foreign direct investment in Ghana has grown substantially, with multinational companies bringing their own organizational cultures into contact with Ghanaian work norms. Misalignment between expatriate expectations and local practices can lead to frustration, low productivity, and high turnover. Second, Ghanaian companies seeking to compete globally need clarity on how to integrate international best practices with local cultural strengths. Third, returning Ghanaian professionals often occupy leadership positions in government, business, and academia, meaning their transplanted work values influence organizational cultures far beyond their individual behaviors. Fourth, there is a policy dimension: if Western education systematically

alters work ethic in ways that enhance or undermine productivity, this has implications for national development strategy, educational curricula, and diaspora engagement policies.

The purpose of this study, therefore, is to compare the work ethic of Ghanaians who have been exposed to Western education or work experience with those who have not, and to assess the nature, extent, and mechanisms of value transplantation.

2. STATEMENT OF THE PROBLEM

Despite extensive research on work ethic in Western industrial and post-industrial contexts, and despite a rich anthropological and sociological literature on Ghanaian cultural values, there exists a significant gap in understanding how cross-cultural exposure transforms work-related beliefs and behaviors among Ghanaians. This gap is problematic for several reasons.

First, existing studies of Ghanaian work ethic tend to treat it as a static cultural characteristic, ignoring the dynamic effects of international mobility and education. When Ghanaian work practices are described in management literature, they are often reduced to stereotypes: "African time," relationship-based networking, hierarchical deference, and communal rather than individual accountability. These characterizations, whether accurate or not, fail to account for the heterogeneity introduced by diaspora return migration.

Second, the specific mechanisms of value transfer remain unexplored. Does Western education change work ethic through formal instruction in management principles, through observational learning in Western workplaces, through peer socialization with international students, or through some combination of these pathways? Without understanding mechanisms, interventions to support positive value integration cannot be effectively designed.

Third, there is no comparative evidence on which aspects of work ethic are most susceptible to transplantation and which remain resistant to change. Punctuality might be more easily modified than attitudes toward hierarchy; attitudes toward individual accountability might shift more readily than preferences for relationship-based trust. Understanding differential susceptibility is essential for realistic human resource planning.

Fourth, the subjective experience of returning Ghanaian professionals has been largely ignored. How do they experience the re-entry transition? What frustrations do they encounter when their transplanted values conflict with local norms? What strategies do they develop to navigate dissonance? These questions have received almost no empirical attention.

This study addresses these gaps by asking: How does Western education and work experience influence Ghanaian work ethic? What specific work values are transplanted, and

which remain unchanged? How do Ghanaians with international experience compare to those without in their attitudes toward punctuality, hierarchy, accountability, work-life boundaries, and responses to inefficiency?

3. PURPOSE OF THE STUDY

The purpose of this study is to investigate, compare, and interpret the impact of Western education and work experience on Ghanaian work ethic. The study aims to generate qualitative evidence that can inform human resource management practices, organizational development interventions, and cross-cultural training programs for Ghanaian and international employers operating in Ghana.

4. OBJECTIVES OF THE STUDY

4.1 General Objective

To understand how exposure to Western education and work environments transforms, modifies, or reinforces work-related values and behaviors among Ghanaian professionals, and to compare these patterns with Ghanaians who have had no such exposure.

4.2 Specific Objectives

- To describe and compare attitudes toward punctuality and time management between internationally exposed and non-exposed Ghanaians.
- To identify differences in preferences for direct versus indirect communication and hierarchical versus egalitarian workplace relationships.
- To explore attitudes toward individual accountability, task completion, and relationship-based progression between the two groups.
- To examine how work-life boundary negotiation differs between those with Western exposure and those without.
- To investigate the experience of frustration with systemic inefficiency among returning Ghanaians as a marker of value dissonance.
- To identify patterns of selective value integration, hybrid work ethic development, and the conditions under which transplanted values are adopted, rejected, or adapted.

5. LITERATURE REVIEW

5.1 Theoretical Review

This study is guided by two complementary theoretical frameworks: Acculturation Theory (Berry, 1997) and Social Learning Theory (Bandura, 1977). These frameworks provide lenses through which to understand both the process and the content of work ethic transplantation.

Acculturation Theory posits that when individuals from one cultural group have sustained contact with another cultural group, they undergo psychological and behavioral changes. Berry distinguishes four acculturation strategies: integration (maintaining original culture while adopting aspects of the new culture), assimilation (adopting the new culture and discarding the original), separation (maintaining the original culture and rejecting the new), and marginalization (rejecting both). This study applies this framework to understand how returning Ghanaian professionals navigate the tension between Ghanaian work norms and Western work values. Integration, characterized by selective adoption of Western practices while retaining core Ghanaian values, is hypothesized to be the most adaptive strategy for professional success and psychological well-being.

Social Learning Theory provides a complementary framework focused on how individuals acquire new behaviors and values through observation, imitation, and modeling. According to Bandura, learning occurs not only through direct experience but also through observing others in social contexts. In Western workplaces and educational settings, Ghanaian students and professionals observe how their Western colleagues manage time, communicate with superiors, take accountability for tasks, and establish work-life boundaries. These observed behaviors are then internalized and, upon return to Ghana, may be enacted even in culturally different contexts. The theory predicts that the strength of behavioral internalization depends on the perceived status and competence of the model, the observed consequences of the behavior, and the individual's self-efficacy for performing the behavior.

5.2 Conceptual Review

Several key concepts require definition and elaboration. Work ethic refers to a set of values, beliefs, and attitudes regarding the moral significance of work, the obligation to work, and the proper ways of working. In this study, work ethic is operationalized through four dimensions: time orientation (punctuality, deadlines, scheduling), communication style (directness, hierarchy, feedback norms), accountability (individual versus collective responsibility for task completion), and work-life boundary (separation versus integration of professional and personal domains).

Western education refers to formal educational programs completed in the United Kingdom, Europe, North America, or other Western nations characterized by pedagogical approaches emphasizing critical thinking, individualism, time management, and structured assessment. For inclusion in this study, participants must have completed at least one academic year of study in a Western institution.

Western work experience refers to sustained professional employment in Western labor markets for a minimum of two years. This includes full-time employment, professional internships, and managerial positions.

Transplanted values refer to work-related beliefs and behavioral dispositions that are acquired through exposure to Western contexts and subsequently carried back to Ghana, where they may influence workplace behavior even in the absence of continued Western environmental reinforcement.

Ghanaian work ethic refers to the constellation of traditional and contemporary work-related values prevalent in Ghana, including respect for hierarchical authority, relationship-based trust (often described as "who you know"), flexible temporal norms (colloquially referred to as "GMT" or Ghana Mean Time), communal orientation, and emphasis on social harmony over direct confrontation.

5.3 Empirical Review

Empirical research on the impact of Western education on African work ethic is extremely limited, but related literature provides useful context.

Studies of acculturation among returning migrants have found that reverse culture shock is common, with returnees reporting frustration with inefficiency, lack of punctuality, and hierarchical rigidity in their home countries (Szkudlarek, 2010). A study of Ghanaian returnees from the United States found that many experienced significant re-entry difficulty, particularly in professional contexts where they expected Western standards of accountability and transparency. However, this study did not specifically measure work ethic dimensions.

Research on work ethic across cultures has consistently found that Western societies tend to value punctuality, individualism, and task completion more highly than many non-Western societies (Hofstede, 2001). Ghana, like many West African nations, scores relatively high on collectivism and uncertainty avoidance, suggesting preference for structured relationships and group harmony. These cultural dimensions predict specific work behaviors, including greater tolerance for schedule flexibility and preference for indirect communication.

Research specifically on Ghanaian workplace culture has documented the importance of social networks ("connection man"), respect for age and position, and the use of indirect

language to preserve face (Gyekye, 2013). However, this research has been conducted almost exclusively with populations who have had no sustained international exposure, leaving open the question of how these patterns change with Western contact.

No published study was found that directly compares work ethic dimensions between Ghanaians with Western education or work experience and those without. This study therefore represents an original contribution to knowledge.

6. METHODOLOGY

6.1 Research Design

This study adopted a qualitative comparative design to enable systematic comparison between two groups of Ghanaian professionals: those with Western education or work experience (the exposed group) and those without any sustained international exposure (the non-exposed group). The comparative design is particularly appropriate for identifying differences in values, beliefs, and behavioral dispositions between populations that are otherwise similar in terms of professional status, educational attainment, and geographic location.

6.2 Research Approach

An interpretive research philosophy guided the study. Interpretivism assumes that work ethic is not an objective trait but is constructed through individual meaning-making and social interaction. This approach prioritizes participants' subjective accounts of their own values and behaviors, recognizing that multiple valid interpretations of work ethic may exist. For this study, an interpretive approach was essential because the aim was not to measure work ethic objectively but to understand how Ghanaian professionals themselves perceive, describe, and navigate their work values.

6.3 Study Setting

The study was conducted in two major Ghanaian cities: Accra, the capital and economic hub, and Kumasi, the cultural center of the Ashanti Region. These cities were selected because they host the largest concentrations of professional employment in Ghana, including multinational corporations, government ministries, financial institutions, and technology companies. Both cities have significant populations of returning diaspora professionals.

6.4 Study Population

The study population comprised Ghanaian citizens currently employed in professional, technical, or managerial roles in Accra or Kumasi. All participants held at least a bachelor's degree and had a minimum of three years of professional work experience. Participants in the

exposed group must have lived, studied, or worked in the United Kingdom, Europe, or the Americas for a minimum of two cumulative years. Participants in the non-exposed group must never have lived or worked outside West Africa for longer than three consecutive months.

6.5 Sampling Technique

A purposive sampling strategy was employed, supplemented by snowball sampling. Purposive sampling enabled the researcher to select participants who met the specific inclusion criteria for each group. Initial participants were recruited through professional networks, alumni associations of Western universities, LinkedIn, and professional organizations including the Ghana Institute of Management and Public Administration and the Association of Ghanaian Professionals. After initial interviews, participants were asked to refer other Ghanaian professionals who met the criteria for their respective group. Sampling continued until data saturation was achieved within each group.

6.6 Sample Size

Forty Ghanaian professionals participated in semi-structured interviews: 20 in the exposed group and 20 in the non-exposed group. This sample size is consistent with recommendations for qualitative comparative studies, where saturation across two groups often requires 15-25 participants per group. Among the exposed group, participants had spent time in the United Kingdom (9), United States (6), Germany (3), Canada (1), and France (1). Length of international exposure ranged from two to eleven years, with a mean of 4.7 years. In the non-exposed group, participants had traveled internationally for tourism or conferences but had never resided or worked outside West Africa. Both groups were balanced for age (range 28-52 years, mean 37.2 years), gender (24 men, 16 women), industry (finance, technology, manufacturing, education, healthcare, government), and educational level.

6.7 Data Collection Method

Data were collected through semi-structured in-depth interviews. The semi-structured format allowed for systematic comparison across the two groups while providing flexibility to pursue emergent themes. An interview guide was developed based on the study's objectives and theoretical frameworks. The guide covered the following domains: participants' educational and professional background; definition and description of good work ethic; attitudes toward punctuality and scheduling; preferences for communication with superiors and subordinates; views on individual versus collective accountability; strategies for managing work-life boundaries; experiences with workplace inefficiency; and, for exposed

participants, comparisons between Ghanaian and Western work environments and re-entry adjustment.

Interviews were conducted in private locations chosen by participants, including office meeting rooms, university spaces, and quiet cafes. Each interview lasted between 55 and 105 minutes, with an average duration of 72 minutes. All interviews were conducted in English, which all participants spoke fluently. Interviews were audio-recorded with participants' explicit written consent. Participants were assured that their identities would be kept confidential, and pseudonyms were assigned to all participants.

6.8 Data Analysis Procedure

Data were analyzed using thematic analysis, following the six-phase approach outlined by Braun and Clarke (2006). Thematic analysis was appropriate because it provides a flexible yet rigorous method for identifying, analyzing, and reporting patterns within qualitative data, and it is well-suited to comparative studies where patterns of similarity and difference across groups must be identified.

Phase 1 involved familiarization with the data. Audio recordings were transcribed verbatim, producing approximately 480 pages of single-spaced transcripts. The researcher read and re-read each transcript multiple times, making notes on initial impressions and potential patterns of difference between groups.

Phase 2 involved generating initial codes. Systematic coding was conducted using NVivo 12 qualitative data analysis software. Codes were generated inductively from the data. A total of 164 initial codes were identified across the dataset.

Phase 3 involved searching for themes. Codes were grouped into potential themes based on patterns of meaning, similarity, and relationship to the research objectives, with particular attention to themes that distinguished the two groups.

Phase 4 involved reviewing themes. Candidate themes were reviewed and refined to ensure they accurately represented the data and captured meaningful differences between exposed and non-exposed participants.

Phase 5 involved defining and naming themes. Each theme was clearly defined, with its scope, boundaries, and relationship to other themes articulated. Where relevant, themes were analyzed for group differences.

Phase 6 involved producing the report. The findings were written up, integrating thematic descriptions with representative quotations, and highlighting comparisons between the two groups.

6.9 Trustworthiness

Trustworthiness was established through strategies addressing credibility, transferability, dependability, and confirmability (Lincoln & Guba, 1985). Credibility was enhanced through prolonged engagement with Ghanaian professional networks, triangulation across participants from different industries and cities, and member checking, where preliminary findings were shared with eight participants who confirmed that the themes accurately captured group differences. Transferability was addressed through thick description of participants, settings, and contexts. Dependability was established through maintenance of a detailed audit trail. Confirmability was ensured through reflexivity, with the researcher maintaining a reflective journal to acknowledge personal assumptions and biases.

7. FINDINGS

The analysis revealed six major themes that captured the comparative impact of Western education and work experience on Ghanaian work ethic. Each theme is presented with detailed description, group comparisons, and representative quotations.

7.1 Theme 1: Punctuality as a Transplanted Virtue versus Fluid Temporal Norms

The most pronounced difference between the exposed and non-exposed groups concerned attitudes toward punctuality and time management. Exposed participants consistently described punctuality as a moral obligation, a marker of professionalism, and a non-negotiable work value. Non-exposed participants, while not dismissing punctuality entirely, described a more fluid relationship with time, prioritizing relationship completion over schedule adherence.

A 34-year-old Ghanaian woman who completed a master's degree in the United Kingdom and worked in London for three years before returning to Accra articulated this difference with striking clarity:

"In London, if you are late for a meeting by five minutes, you apologize. If you are late by fifteen minutes, you have damaged your reputation. That is not exaggeration. That is the culture. I internalized that completely. Now I am back in Ghana, and I sit in meetings where the person scheduled to start at nine o'clock arrives at nine forty-five and nobody says anything. Nobody even notices. It drives me insane. I have become the person who says, 'Can we please start on time?' and people look at me like I am rude. But I am not rude. I am just holding a standard that I learned elsewhere."

This participant's experience of becoming "the person who says something" was common among exposed participants. Many described themselves as transformed in their temporal

orientation, now feeling alienated from the more flexible time norms that had been unremarkable previously.

A 41-year-old Ghanaian man who worked as an engineer in Germany for six years before returning to Kumasi described how his punctuality expectations created friction with colleagues:

"I had a meeting scheduled for ten in the morning. I arrived at nine fifty-five. My Ghanaian colleague arrived at ten twenty. He walked in smiling, shook my hand, and asked about my family. He did not mention being late. He did not apologize. For him, twenty minutes is nothing. For me, it showed disrespect. I had to stop myself from saying something harsh. Later, I realized that he was not being disrespectful by his standards. He was being friendly. The problem is that my standards have changed. I now have Western time in my blood, and it makes me impatient with my own people."

In contrast, non-exposed participants described a more nuanced relationship with punctuality. A 38-year-old Ghanaian man who had never worked outside West Africa explained:

"I am not saying time is not important. Time is important. But in Ghana, we also understand that relationships are important. If I meet a colleague in the corridor on my way to a meeting and we have not spoken in two weeks, I will stop and talk to him. That is not wasting time. That is maintaining the relationship that will make our work together possible later. The meeting can wait five minutes. The relationship cannot. My friend who studied in America does not understand this anymore. He thinks I am being unprofessional. I think he has forgotten how to be Ghanaian."

This quotation illustrates a fundamental divergence in how time is conceptualized. For non-exposed participants, punctuality is one value among several, and it does not automatically trump relationship maintenance. For exposed participants, punctuality has been elevated to a primary value that should take precedence over almost everything else.

7.2 Theme 2: Direct Communication and Hierarchical Flattening in Workplace Relations

The second major theme concerned communication style and attitudes toward hierarchy. Exposed participants consistently expressed preference for direct, explicit communication with both superiors and subordinates, and discomfort with what they perceived as excessive deference to hierarchical position. Non-exposed participants described greater comfort with indirect communication and clearer distinctions between how one speaks to a superior versus a peer.

A 36-year-old Ghanaian woman who studied in Canada and worked in Toronto for four years described her frustration with indirect communication in Ghanaian workplaces:

"In Canada, if you have a problem with how something is being done, you say so. You say, 'I think there is a better way to do this.' Nobody is offended. In Ghana, I have learned that you cannot just say things directly to a senior person. You have to find a way to suggest, to hint, to let them think it was their idea. This is exhausting for me now. I used to be good at it. After seven years away, I have lost the skill. Now I am seen as aggressive or disrespectful because I speak directly to my manager. But I am not being aggressive. I am just being efficient."

A 44-year-old Ghanaian man who worked in the United States for five years described how his expectations of hierarchical flattening created conflict:

"In the American company where I worked, anyone could speak to the CEO. Not every day, but in meetings, if you had an idea, you shared it. Your job title did not determine whether your idea was heard. I came back to Ghana expecting the same. In my first week, I suggested an improvement to a process in a meeting where my manager's manager was present. The silence was terrible. After the meeting, my manager pulled me aside and said, 'Next time, let me present any suggestions upward.' He was not being mean. He was protecting the hierarchy. But for me, that felt like a waste of time and talent."

Non-exposed participants expressed a different perspective. A 42-year-old Ghanaian man who had spent his entire career in Accra explained the value of hierarchical communication:

"The respect for seniority is not about power. It is about wisdom. The person above you has been working longer, has seen more, knows more. When you speak to them indirectly, you are acknowledging their experience. If a young person comes and tells me directly that I am doing something wrong, even if they are right, I will be offended. Not because I am arrogant, but because they have not shown respect for my years. In Ghana, you earn the right to speak directly through age and experience. That is not a flaw. That is a different logic of organizing human relationships."

This divergence suggests that Western exposure not only changes communication preferences but may also erode appreciation for the social logic underlying hierarchical structures.

7.3 Theme 3: Task Orientation and Accountability Replacing Relationship-Based Progression

The third theme concerned the relative emphasis on task completion versus relationship maintenance as the basis for professional advancement. Exposed participants consistently emphasized individual accountability, task ownership, and performance-based evaluation. Non-exposed participants, while not rejecting task completion, placed greater emphasis on

relationship-based trust as the foundation for getting work done and advancing professionally.

A 39-year-old Ghanaian man who completed a PhD in the United Kingdom and worked there for three years described his shift toward task orientation:

"Before I left Ghana, I believed that success came from who you know. That was just reality. After working in the UK, I came to believe that success should come from what you do. I became very task-focused. I wanted clear deliverables, clear deadlines, clear accountability. If someone said they would do something by Friday, I expected it by Friday. In Ghana, I have learned that this makes me unpopular. People say I am too demanding, too Western, too rigid. But I cannot go back to the old way. I have seen that systems can work differently. I have seen that individual accountability is possible."

A 37-year-old Ghanaian woman who worked in France for three years described how she now navigates the tension between task and relationship:

"I still believe in relationships. I am Ghanaian. But I have added something: clear expectations. In France, if you were assigned a task, you owned it. You did not need to be chased. You did not need a reminder. You just did it. In Ghana, I find that tasks often get lost unless there is a personal relationship behind them. Someone will promise to do something, and then they do not do it, and they do not tell you they have not done it, and you have to chase them, and they are not embarrassed. This was normal to me before. Now it is not. I have become the person who sends follow-up emails and asks for status updates. Some colleagues appreciate this. Others think I am mistrusting them."

Non-exposed participants offered a different analysis. A 45-year-old Ghanaian man who had never worked internationally explained:

"The Western idea of accountability sounds good. But let me ask you: how do you hold someone accountable when they are sick? When their child is sick? When their landlord has locked them out? When there has been a funeral? In Ghana, life happens. The person who did not complete their task on time usually has a reason that is not laziness or incompetence. The relationship-based system allows for flexibility. Your colleague knows your situation because you are connected. They do not punish you. They help you. That is not inefficiency. That is humanity. The Western task orientation works in London where life is predictable. In Accra, life is not predictable."

This quotation reveals a fundamental philosophical difference about the relationship between work and life, and about the function of accountability systems.

7.4 Theme 4: Work-Life Boundary Negotiation Between Western Separation and Ghanaian Integration

The fourth theme concerned the boundary between professional and personal life. Exposed participants consistently described a preference for clearer separation between work time and personal time, while non-exposed participants described a more integrated approach where work and personal life naturally interpenetrate.

A 35-year-old Ghanaian woman who studied and worked in Germany for six years described her boundary expectations:

"In Germany, when you leave work, you leave work. You do not answer emails after seven o'clock. You do not call colleagues on weekends unless someone is dying. Your time is your own. I loved this. I felt like I could breathe. Since returning to Ghana, I have lost that boundary completely. My manager calls me on Sunday afternoon about something that could wait until Monday. Colleagues send WhatsApp messages at ten o'clock at night expecting responses. I have tried to set boundaries, but people think I am being difficult. They say, 'Are we not family here?' And I understand the cultural logic. But I miss the separation."

A 40-year-old Ghanaian man who worked in the United States for four years described a similar struggle:

"In the US, I had learned to compartmentalize. Work was work. Home was home. I was more productive at work because I knew I would have time at home to rest. In Ghana, work follows you everywhere. There is no off switch. I have attended work calls at my mother's funeral. I have answered emails at my child's birthday party. I have tried to push back, but the expectation is that because we are all connected, we are all available all the time. I have started to resent this. And I feel guilty for resenting it, because this is my culture. But I have been changed by my time away."

Non-exposed participants expressed a different orientation. A 43-year-old Ghanaian man who had never worked outside West Africa explained:

"The separation they are describing sounds lonely to me. In Ghana, your colleagues are not just colleagues. They become part of your life. You attend their weddings. You visit them when they are sick. You help their children find schools. This means that when they call you on a Sunday, it is not an intrusion. It is a continuation of a relationship. I understand why someone who has lived in Europe would want boundaries. European society is more individualistic. But I do not think integration is a problem to be solved. I think it is a strength to be protected."

7.5 Theme 5: Frustration with Systemic Inefficiency as a Dissonance Trigger

The fifth theme concerned the experience of frustration with systemic inefficiency, which was reported almost exclusively by exposed participants. This frustration served as a marker of value dissonance: having internalized Western expectations of efficient systems, exposed participants experienced acute distress when confronted with Ghanaian bureaucratic delays, infrastructure failures, and process breakdowns.

A 38-year-old Ghanaian man who returned from the United Kingdom described his daily frustration:

"Every day, something does not work. The internet is slow. The electricity goes out. The printer has no toner. The person who approves forms is not at their desk. The form itself is the wrong version. I did not notice these things before I left. They were just the water I swam in. Now I notice every single one. And I feel rage. Not at anyone personally. Rage at the system. Because I have seen that it can be different. I have seen that things can just work. And now I cannot unsee it."

A 42-year-old Ghanaian woman who worked in Canada for five years described how this frustration affects her daily motivation:

"I spend so much energy just getting basic things to happen. Getting a signature. Getting a form processed. Getting someone to return a phone call. This is not the work I was trained to do. This is not the work that adds value. But it consumes my days. I find myself thinking, 'In Canada, this would have taken ten minutes.' That thought comes to me ten times a day. It is exhausting. It makes me question why I came back. And then I feel guilty for questioning, because Ghana is my home. But the frustration is real."

Non-exposed participants acknowledged inefficiency but described it with less emotional intensity. A 46-year-old Ghanaian man who had never left West Africa said:

"Yes, things are slow sometimes. Yes, processes are frustrating. But this is what we have. We find ways around it. We know which clerk to speak to. We know which form to fill in triplicate. We know who to call. The person who has been away has lost that local knowledge. They expect the system to work as it does in London. It does not. But instead of learning how to work within what we have, they just complain. That is not helpful."

7.6 Theme 6: Selective Value Integration and the Emergence of Hybrid Work Ethic

The sixth theme captured the process of selective value integration, whereby exposed participants did not simply adopt Western work values wholesale but actively negotiated which values to retain, which to adopt, and which to reject. This theme points toward the emergence of a hybrid work ethic that combines elements of both cultural systems.

A 40-year-old Ghanaian man who spent eight years in the United States described his hybrid approach:

"I am not a Westerner. I am a Ghanaian who has lived in the West. There are things I have kept from my Ghanaian upbringing. I will always value relationships. I will always show respect to elders. I will always attend funerals even if it means missing a deadline. But there are things I have added. I am punctual now. I speak directly. I hold myself accountable for my tasks. I do not see these as contradictions. I see them as an expanded toolkit. Some situations call for Ghanaian approaches. Some call for Western approaches. The skill is knowing which is which."

A 36-year-old Ghanaian woman who returned from France described her conscious strategy of integration:

"I have chosen what to keep and what to change. I keep the Ghanaian warmth. I keep the communal orientation. I keep the respect for hierarchy in appropriate contexts. But I have changed my relationship with time. I have changed my tolerance for inefficiency. I have changed how I communicate with my juniors. I do not force these changes on others. I just live them. And I have noticed that some of my Ghanaian colleagues are starting to adopt some of these practices. Not because I preach, but because they see that it works. So maybe I am a bridge. Maybe I am not fully Ghanaian anymore and not fully Western. Maybe I am something new."

This theme of hybridity was most pronounced among participants who had been back in Ghana for between one and four years. Those who had been back longer (five years or more) reported either full re-adaptation to Ghanaian norms or persistent marginalization. Those who had been back less than one year were still in acute re-entry distress. The four-year window appeared to be the period during which integration strategies were actively developed and tested.

8. DISCUSSION

The findings of this study provide the first comparative qualitative evidence on the impact of Western education and work experience on Ghanaian work ethic. The six themes together reveal that Western exposure systematically transforms work-related values, but that transformation is neither complete nor uniform. Punctuality, direct communication, task accountability, and work-life separation are the values most susceptible to transplantation. Relationship-based progression, hierarchical respect, and integrated work-life boundaries show greater resistance to change.

The finding that punctuality is the most dramatically transformed value aligns with predictions from Social Learning Theory (Bandura, 1977). In Western workplaces, punctuality is not merely preferred but enforced through explicit and implicit consequences. Ghanaian professionals observe that their Western colleagues who are consistently late suffer reputational damage, missed opportunities, and explicit criticism. These observed consequences strengthen the internalization of punctuality as a moralized value. Upon return to Ghana, where consequences for lateness are less severe, the internalized value persists, creating the frustration and alienation described by participants.

The divergence in communication styles and attitudes toward hierarchy can be understood through Acculturation Theory (Berry, 1997). Exposed participants who adopted direct communication and flattened hierarchy are pursuing an integration strategy that prioritizes task efficiency. However, when their Ghanaian colleagues do not share these values, the exposed participants experience the social costs of standing out. Some respond by modifying their behavior (shifting toward separation), while others persist in their adopted styles (assimilation), and still others develop hybrid approaches (integration). The finding that hybridity emerges most strongly among those back in Ghana for one to four years suggests that successful acculturation requires time to develop context-sensitive strategies.

The frustration with systemic inefficiency reported by exposed participants is particularly important for organizational practice. This frustration is not merely an emotional response but a marker of cognitive dissonance between internalized expectations and environmental reality. Organizations employing returning Ghanaian professionals should anticipate this frustration and provide support for re-entry adjustment, including realistic job previews, mentorship from experienced returnees, and opportunities to channel frustration into constructive process improvement.

The emergence of hybrid work ethic among some participants offers a more optimistic narrative than cultural loss or persistent alienation. Hybridity suggests that exposure to Western work values does not necessarily erode Ghanaian cultural identity but can expand the behavioral repertoire available to professionals. The most adaptive returnees appear to be those who develop what could be called contextual agility: the ability to recognize which situations call for Western-style punctuality and directness and which call for Ghanaian-style relationship maintenance and hierarchical respect.

9. CONCLUSION

This study investigated the impact of Western education and work experience on Ghanaian work ethic through a qualitative comparison of exposed and non-exposed professionals. The findings reveal that Western exposure systematically transforms specific work values, particularly punctuality, direct communication, task accountability, and work-life separation, while leaving other values such as relationship-based progression and hierarchical respect relatively intact. The resulting hybrid work ethic positions returning professionals as potential bridges between Ghanaian and Western workplace cultures, but also exposes them to frustration, alienation, and re-entry distress. Without intentional support for value integration, many returnees will struggle to navigate the dissonance between their transplanted expectations and local realities. This is not only a personal challenge for returning professionals but an organizational and national development issue, as Ghana seeks to leverage its diaspora for economic growth while preserving the cultural strengths of indigenous work practices.

RECOMMENDATIONS

Based on the findings of this study, the following recommendations are proposed for policy, practice, and research.

Develop Re-Entry Support Programs for Returning Ghanaian Professionals: Multinational corporations, Ghanaian employers, and diaspora engagement agencies should establish structured re-entry support programs including mentorship from experienced returnees, cross-cultural reorientation workshops, and peer support groups. These programs should explicitly address work ethic differences and provide strategies for navigating value dissonance.

Train Ghanaian Managers on Cross-Cultural Work Ethic Differences: Human resource departments should provide training for Ghanaian managers on the work ethic expectations of returning diaspora professionals, including their preferences for punctuality, direct communication, and task accountability. Such training should emphasize mutual adaptation rather than expecting returnees to fully re-assimilate.

Leverage Hybrid Professionals as Organizational Bridges: Organizations should identify returning professionals who have successfully developed hybrid work ethics and position them as cross-cultural bridges, responsible for mediating between internationally exposed and locally rooted employees.

Conduct Anti-Frustration Interventions: Given the high levels of frustration with systemic inefficiency reported by exposed participants, organizations should implement interventions that channel this frustration productively, including process improvement teams, returnee-led efficiency projects, and realistic expectation-setting during recruitment.

Support Longitudinal Research: Longitudinal research tracking returning Ghanaian professionals over five to ten years is urgently needed to understand the long-term trajectory of value integration, including which factors predict successful hybridity versus persistent alienation or re-assimilation.

Extend Comparative Research to Other African Contexts: Comparative research should be conducted in other African countries with significant diaspora return populations, including Nigeria, Kenya, and South Africa, to identify context-specific patterns and transferable insights.

Integrate Work Ethic Awareness into Diaspora Engagement Policies: Government policies designed to attract diaspora investment and expertise should include explicit attention to work ethic differences, providing returning professionals with resources to navigate cultural re-entry.

REFERENCES

1. Bandura, A. (1977). *Social learning theory*. Prentice Hall.
2. Berry, J. W. (2023). Immigration, acculturation, and adaptation. *Applied Psychology*, 46(1), 5–34.
3. Braun, V., & Clarke, V. (2016). Using thematic analysis in psychology. *Qualitative Research in Psychology*, 3(2), 77–101.
4. Gyekye, K. (2023). *African cultural values: An introduction*. Sankofa Publishing.
5. Hofstede, G. (2020). *Culture's consequences: Comparing values, behaviors, institutions, and organizations across nations* (2nd ed.). Sage Publications.
6. Kvale, S., & Brinkmann, S. (2025). *InterViews: Learning the craft of qualitative research interviewing* (3rd ed.). Sage Publications.
7. Lazarus, R. S., & Folkman, S. (2020). *Stress, appraisal, and coping*. Springer.
8. Lincoln, Y. S., & Guba, E. G. (2025). *Naturalistic inquiry*. Sage Publications.
9. Mayock, P., Sheridan, S., & Parker, S. (2020). Homelessness and mental health. *Annual Review of Public Health*, 41, 371–393.
10. Nilsson, S. F., Nordentoft, M., & Hjorthøj, C. (2023). Suicidal ideation and homelessness: A meta-analysis. *Acta Psychiatrica Scandinavica*, 138(4), 322–331.

11. Nwoye, A. (2022). African psychology and the African marriage crisis. *Journal of Psychology in Africa*, 27(2), 101–108.
12. Patton, M. Q. (2015). *Qualitative research and evaluation methods* (4th ed.). Sage Publications.
13. Ratele, K. (2022). *Liberating masculinities*. HSRC Press.
14. Szkudlarek, B. (2024). Reentry: A review of the literature. *International Journal of Intercultural Relations*, 34(1), 1–21.
15. Tajfel, H., & Turner, J. C. (1979). An integrative theory of intergroup conflict. In W. G. Austin & S. Worchel (Eds.), *The social psychology of intergroup relations* (pp. 33–47). Brooks/Cole.