
**A COMPARATIVE STUDY OF CALCAREA CARBONICA,
CALCAREA PHOSPHORICA, AND CALCAREA FLUORICA: A
CONSTITUTIONAL, MIASMATIC, AND CLINICAL ANALYSIS**

***Dr Hemang Sakariya**

Surendranagar 363030.

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***Corresponding Author: Dr Hemang Sakariya**

Surendranagar 363030.

DOI: <https://doi-doi.org/101555/ijarp.6424>**ABSTRACT**

The Calcarea group represents a fundamental triad in homoeopathic materia medica, reflecting disturbances in calcium metabolism at functional, developmental, and structural levels. This article provides a detailed comparative study of Calcarea Carbonica, Calcarea Phosphorica, and Calcarea Fluorica with emphasis on mental generals, physical constitution, pathological tendencies, miasmatic background, and clinical applicability. The study highlights their continuum from metabolic dysfunction to structural degeneration, enabling precise constitutional prescribing.

KEYWORDS: Calcarea Carbonica, Calcarea Phosphorica, Calcarea Fluorica, constitutional prescribing, miasmatic analysis, homoeopathy.

INTRODUCTION

Calcium plays a crucial role in structural integrity, neuromuscular activity, and metabolic regulation. In homoeopathy, Calcarea salts represent different expressions of disturbed calcium dynamics.

Calcarea Carbonica corresponds to defective assimilation and metabolic inertia.

Calcarea Phosphorica represents defective nutrition and growth.

Calcarea Fluorica reflects structural weakness and degeneration.

Together, they form a spectrum from functional disturbance to irreversible pathology.

MATERIALS AND METHOD

This is a qualitative comparative study based on classical homoeopathic literature, materia medica, and clinical observations. Analysis includes mental generals, physical constitution, modalities, pathological tendencies, and miasmatic interpretation.

Calcarea Carbonica

Mental Generals:

Fearful, anxious, insecurity about future, fear of insanity and disease.

Physical Constitution:

Fat, flabby, fair individuals with profuse head sweating.

Generals:

Chilly, desire eggs, aversion to exertion.

Pathology:

Hypometabolism, obesity, glandular enlargement.

Clinical Indications:

Delayed milestones, recurrent infections, menstrual disorders.

Calcarea Phosphorica

Mental Generals:

Restlessness, dissatisfaction, desire for change.

Physical Constitution:

Thin, emaciated, poor nutrition despite appetite.

Generals:

Craves salty and smoked food, worse cold.

Pathology:

Defective bone growth, anemia.

Clinical Indications:

Growing pains, dentition troubles, adolescent weakness.

Calcarea Fluorica

Mental Generals:

Reserved, rigid, emotionally controlled.

Physical Constitution:

Fibrous tissues, tendency to induration or laxity.

Generals:

Worse cold, better heat.

Pathology:

Degeneration, varicosities, fibrosis.

Clinical Indications:

Varicose veins, fibroids, ligament laxity.

Comparative Analysis

Calcarea Carbonica – Metabolic weakness and fear.

Calcarea Phosphorica – Growth disturbance and dissatisfaction.

Calcarea Fluorica – Structural degeneration and rigidity.

Miasmatic Interpretation

Calcarea Carbonica – Psoric.

Calcarea Phosphorica – Psoro-syphilitic.

Calcarea Fluorica – Syphilitic.

DISCUSSION

The Calcarea group demonstrates a progression from reversible metabolic dysfunction to irreversible structural pathology. Understanding this continuum helps in selecting the correct constitutional remedy at different stages of disease.

CONCLUSION

Accurate differentiation between Calcarea Carbonica, Calcarea Phosphorica, and Calcarea Fluorica is essential for effective homoeopathic prescribing. Their study provides insight into disease evolution and individualized treatment.

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